

## **PRE-OPERATIVE INSTRUCTIONS**

THE SURGERY CENTER WILL CONTACT YOU **AFTER 3 PM** THE DAY BEFORE YOUR SURGERY WITH THE TIME YOU ARE TO ARRIVE FOR YOUR PROCEDURE.

**PLEASE NOTE THAT THE ARRIVAL TIME WILL DIFFER FROM YOUR ACTUAL SURGERY TIME.**

**Please read the following instructions carefully:**

- The surgery center will call you prior to your procedure to go over important pre-operative instructions and answer any questions you may have.
- Please bring all insurance information with you on the day of your procedure. **You should be prepared to pay any deductible and co-insurance amounts on the day of your procedure. The surgery center accepts cash, checks, Mastercard, Visa, American Express and Discover cards.**
- **DO NOT** eat or drink after midnight on the night **before** your surgery. **This includes gum, mints, coffee, tea, chewing tobacco, and water. This decreases the possibility of food entering your lungs in the event of vomiting which can lead to respiratory difficulty.**
- **On the morning of your surgery**, take **ONLY** the medications that you were instructed to take by the pre admission nurse. **Take these medications with a SMALL (ex: two tablespoons) sip of water.**
- Wear **loose, comfortable** clothing the day of surgery. **No** hair spray, makeup/mascara, lotions, body oils, or perfumes. Contacts lenses **can not** be worn during surgery. Please remember to bring your contact lens solution and case.
- If your MD has provided or instructed you to use any supplies/equipment after surgery, please **bring** these items to the surgery center on the day of surgery. **(ie. Sports bra/surgical bra, braces, splints, slings, binders, post op shoes, polar care (ice) machines)**
- **DO NOT** bring any valuables to the surgery center that cannot be secured by a family member.

- **All jewelry will need to be removed prior to surgery including all body piercing. If you have any jewelry or body piercing that are unable to be removed, please contact the surgery center prior to your day of surgery. If you have any tongue jewelry or any mouth piercings, they MUST be removed prior to surgery.**
- If you have a diagnosis of **sleep apnea** and use a **CPAP** machine, please **bring** it with you on the day of surgery.
- If you have **asthma** and have been prescribed a “**rescue inhaler**”, please **bring** it with you on the day of surgery. (even if it is not used regularly)
- If you **become ill** and/or **diagnosed with any infection** and are started on an antibiotic prior to your surgery date, **please TAKE the antibiotics as prescribed** by your physician **and contact the surgery center and your surgeon IMMEDIATELY.**
- **DO NOT drink any alcohol or use any recreational drugs AT LEAST 24 hours prior to your day of surgery.**
- Please have a **responsible adult** in attendance at the surgery center who can escort you home and a **responsible adult** who can stay with you for the first 24 hours after surgery. **You WILL NOT be able to drive, operate heavy machinery, or sign any legal documents for at least 24 hours after surgery.**
- **We ask that your escort DOES NOT leave while you are admitted to the surgery center. There is a snack/soda machine in the facility.**
- **Minors must have a legal guardian present inside the surgery center at ALL times. NO EXCEPTIONS. Please prepare yourself and your family accordingly. (ie. snacks/food, sweaters, books, games etc.)**
- The center **does not** provide formula/bottles, wipes, diapers. Please bring these items with you if needed. **If your minor child is having surgery, it is suggested that you bring them a change of clothes in case of any accidents.**
- If any emergency arises the night before surgery or the morning of, please call your doctor’s office **IMMEDIATELY** and then **also** call us at **(904) 652-2328.**

<p><b>YOUR FAMILY MEMBERS WILL NOT BE ALLOWED TO LEAVE THE SURGERY CENTER WHILE YOU ARE IN SURGERY</b></p>
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